

MFT APPROVED CEU LIST - 2026
Good for 2026 Calendar Year, unless otherwise noted.

Please note! If you have a course that is approved for both the Telehealth 2 hour requirement and 3 hour Ethics requirement your certificate needs to clearly outline those requirements and not the overall hour total. Permith Holders & Licensees need to be able to show the Board the distinction of hours to count towards those requirements.

Line Color for Deferred/Denied

DENIED

DEFERRED

CEU APPLICATIONS REVIEWED FOR PROVIDERS

PROVIDER	PROGRAM TITLE	PROGRAM SITE	CONTACT NAME	TRAINING DATES	HOURS	E-MAIL ADDRESS	APPROVED	DEFERRED	DENIED	NEEDED REQUIREMENTS/NOTES	Date Approved
DBHDID	Suicide Prevention 202	Online	Laura Cunningham	11-May-26	4	lauram.cunningham@ky.gov	X				1/15/2026
DBHDID	Suicide Prevention 201	Online	Laura Cunningham		6	lauram.cunningham@ky.gov	X				1/15/2026
Northstar	Psychotherapy as an Ethical Practice	Online	Carol Ann Isbell	January 1 - December 31, 2026	3	events@northstarcounseling.center.com	X				1/15/2026
Northstar	Legal & Ethical Issues in Couple Therapy & Assessment	Online	Carol Ann Isbell	January 1 - December 31, 2026	3	events@northstarcounseling.center.com	X				1/15/2026
Northstar	Professional Wills & Transition Plans (Ethics)	Online	Carol Ann Isbell	January 1 - December 31, 2026	3	events@northstarcounseling.center.com	X				1/15/2026
Northstar	Becoming an Effective Telehealth Provider	Online	Carol Ann Isbell	January 1 - December 31, 2026	15	events@northstarcounseling.center.com	X				1/15/2026
Northstar	MFT Model Review & Exam Prep	Online	Carol Ann Isbell	January 1 - December 31, 2026	15	events@northstarcounseling.center.com	X				1/15/2026
Northstar	Legal & Ethical Considerations in Telehealth Practice	Online	Carol Ann Isbell	January 1 - December 31, 2026	3	events@northstarcounseling.center.com	X				1/15/2026
Northstar	Bringing Common Factors to Life	Online	Carol Ann Isbell	January 1 - December 31, 2026	15	events@northstarcounseling.center.com	X				1/15/2026
Seven Counties	Family Therapy 101	Louisville, KY	Nicole Krider		3	nkrider@sevencounties.org	X				1/15/2026

CEU APPLICATIONS REVIEWED FOR SPONSORS

PROVIDER	PROGRAM TITLE	EXPIRATION DATE	CONTACT NAME	TRAINING DATES	HOURS	E-MAIL ADDRESS	APPROVED	DEFERRED	DENIED	NEEDED REQUIREMENTS/NOTES	Date Approved
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Brighter Futures Training & Consultation		3/21/2026	C.J. Quick			cquick@bftrainings.org	X		3/21/2024
Interactive CE Training	Ethics & Technology: A TAS Refresher Course		Tony Watkins	January 1 - December 31, 2024	3	lmfttony@gmail.com	X		
Interactive CE Training	Certificate in Technology Assisted Services w/Six Hours of Ethics		Tony Watkins	January 1 - December 31, 2024	15	lmfttony@gmail.com	X		
Interactive CE Training	Assessing & Managing Suicide Risk		Tony Watkins	January 1 - December 31, 2024	6.5		X		
Interactive CE Training	Artificial Intelligence & Ethics in Office Based, Online, & Other Systemic Therapy Contexts: A TAS Refresher	8/24/2026	Tony Watkins	August 24, 2024 - August 26, 2026	3		X		8/24/2024
Interactive CE Training		2/15/2026	Tony Watkins			lmfttony@gmail.com	X		2/15/2024
Interactive CE Training			Tony Watkins				X	No CE courses submitted	1/15/2026
Interactive CE Training, LLC			Tony Watkins			lmfttony@gmail.com	X		
Jay Close		4/18/2026	Jay Close	April 18, 2024 - April 18, 2026		jayclose11@gmail.com	X		4/18/2024
KAST			Mary Badami	January 1, 2025 - December 31, 2027		marybadami@gmail.com	X		
KAST	Ethics From a Systemic Perspective	4/17/2027	Mary Badami	26-Feb-25	3	marybadami@gmail.com	X		4/17/2025
KAST	What's so Super about Ethics	Louisville, KY	Mary Badami	23-Feb-26	3	mbadami@campbellsville.edu	X		11/20/2025
Northstar	Psychotherapy as an Ethical Practice	Online	Carol Ann Isbell	January 1 - December 31, 2026	3	events@northstarcounseling.center.com	X		1/15/2026
Northstar	Legal & Ethical Issues in Couple Therapy & Assessment	Online	Carol Ann Isbell	January 1 - December 31, 2026	3	events@northstarcounseling.center.com	X		1/15/2026
Northstar	Professional Wills & Transition Plans (Ethics)	Online	Carol Ann Isbell	January 1 - December 31, 2026	3	events@northstarcounseling.center.com	X		1/15/2026
Northstar	Becoming an Effective Telehealth Provider	Online	Carol Ann Isbell	January 1 - December 31, 2026	15	events@northstarcounseling.center.com	X		1/15/2026
Northstar	MFT Model Review & Exam Prep	Online	Carol Ann Isbell	January 1 - December 31, 2026	15	events@northstarcounseling.center.com	X		1/15/2026

Northstar	Legal & Ethical Considerations in Telehealth Practice	Online	Carol Ann Isbell	January 1 - December 31, 2026	3	events@northstarcounselingcenter.com	X	1/15/2026
Northstar	Bringing Common Factors to Life	Online	Carol Ann Isbell	January 1 - December 31, 2026	15	events@northstarcounselingcenter.com	X	1/15/2026
NorthStar Counseling	KY Supervision for Non-AAMFT Board Approved Supervisor	Online	Carol Ann Isbell	August 21, 2025 - August 21, 2026	1	events@northstarcounselingcenter.com	X	8/21/2025
NorthStar Counseling	KY Law Review for AAMFT Approved Supervisors/Supervisor Candidates & Non-AAMFT Board Approved Supervisors	Online	Carol Ann Isbell	August 21, 2025 - August 21, 2026	1	events@northstarcounselingcenter.com	X	8/21/2025
NorthStar Counseling	Ethics of Adolscnt Confidentiality & Involving Families	Online	Carol Ann Isbell	August 21, 2025 - August 21, 2026	3	events@northstarcounselingcenter.com	X	8/21/2025
Northstar Counseling Center		8/21/2027	Carol Ann Isbell	August 21, 2025 - August 21, 2027		carolann@northstarcounselingcenter.com	X	8/21/2025
Relias		7/17/2027	Jordan Gutierrez	July 17, 2025 - July 17, 2027		accreditations@relias.com	X	7/17/2025
The Academy of Integrative Mental Health		3/21/2026	Rozlyn Newman	March 21, 2024 - March 21, 2026		rozlyn@bridgemindbody.com	X	3/21/2024
Therapy Trainings		12/31/2025	Matt Grammer	September 21, 2023 - December 31, 2025		support@therapytrainings.com	X	9/21/2023

Approvals on this lists are only for the individuals who have applied for the Board to review. The same course may be taken by anyone else, but will have to be applied for again as a post-approval for individuals.

For Individuals with Post-Approval - Please print off the section showing your post-approval has been approved and submit that with the certificate when renewing. This way no information is missed and renewals can be processed faster.

CEU APPLICATIONS REVIEWED FOR INDIVIDUAL POST APPROVAL

PROVIDER	PROGRAM TITLE	PROGRAM SITE	ATTENDEE	TRAINING DATES	HOURS	E-MAIL ADDRESS	APPROVED	DEFERRED	DENIED	NEEDED REQUIREMENTS/NOTES	Date Approved
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Circle of Security International	Circle of Security Parent Facilitator Training	Online	Aaron Dowdell	December 8 - 12, 2025	24	X		1/15/2026
Therapy Trainings	Marriage and Family Therapy AAMFT Ethics	Online	Allison Smith	5-Jan-26	3	X		1/15/2026
MST Services	Multisystemic Therapy Blended Learning Orientation Experiential Training	Online	James Price	May 21 - 22, 2025	7		X	Does not meet systemic requirements 1/15/2026
CE4Less	Ethics and Telemental Health E244B	Online	Jesse Crutcher	29-Dec-25	3	X		1/15/2026
CE4Less	Suicide Assessment Treatment Management E9137D	Online	Jesse Crutcher	24-Dec-25	8	X w/provisions	6 hrs suicide training hours: 5 hrs systemic CEU	1/15/2026
CE4Less	Bullying & Mental Health in Children & Adolescents E281	Online	Jesse Crutcher	29-Dec-25	5	X		1/15/2026